HORRY COUNTY SCHOOLS
MONITORING REPORT – R-5 Physical Education

I certify that the information in this report is true.

Signed: Rick Maxey Date: 3-6-2020
Rick Maxey, Superintendent

Disposition of the Board:

_____ In compliance
_____ Not in compliance
_____ Compliance with exception

Signed: _____ Date: _____
Ken Richardson, Board Chair

Comments: _____

R-5 – Physical Education	Supt	Supt	Board	Board
	In Compliance	In Compliance	In Compliance	In Compliance
Each student will achieve mastery of performance standards or state competencies in Health & Physical Education	✓			

Interpretation: I interpret this policy to mean that Horry County Schools will implement a course of study that is aligned with the South Carolina Academic Standards for Health and Physical Education. These standards outline competencies students should know and the physical skills required to develop a healthy and productive life. The standards address competency in motor skills, movement concepts, personal and social skills. This aids students in developing an awareness of healthy choices and physical activity to provide an opportunity for lifelong health, enjoyment, challenge, self-expression, and social interaction. In Horry County Schools, certified health and physical education teachers provide instruction to students in grades PK through high school. Our middle and high schools provide a wide range of opportunities for students to participate in a variety of sports while overall instruction in health and physical education promotes a more holistic view exploring healthy choices and lifelong physical activities. Some of our schools have established health clubs that allow students to maintain nutrition and activity journals, which encourage and document a healthier lifestyle.

I further interpret this policy to mean that our staff will regularly monitor and evaluate the instructional programs at each school offering health and physical Education. This is a part of ongoing efforts to improve student learning in health and physical Education and to develop personal awareness of the benefits of healthy choices and physical activities.

Professional development initiatives at the district and state levels further develop our curricula while ensuring our teaching pedagogy uses the research-based teaching methodology for health and physical education. Open communication with the State Department of Education Coordinator's Office ensures compliance with state standards. Best teaching practices, current standards-based curriculum, online staff development, and teacher feedback are periodically promulgated to the physical education staff.

Evidence of Status of Compliance:

We are in full compliance with this policy. Evidence is listed below:

- Horry County Schools incorporates the South Carolina Academic Standards for Physical Education in its curriculum and course offerings.
- Instruction and equipment are age appropriate and guided by outlined strategies.
- Technology is integrated into the instruction via personal device apps for health and physical education through the FitnessGram 10 program.
- All physical education teachers complete the online training and testing programs for FitnessGram. This program allows student input, online tracking and data assessment, both individually and collectively.
- The district compares state-developed survey data collected at the end of the year to improve the overall program and to identify specific areas within individual schools needing improvements.
- District physical education teachers have developed nationally recognized programs such as Fit Families of America (FFAME) and serve as officers, committee members, and presenters in state and national organizations emphasizing health and physical education. One physical education teacher serves on the state panel to update physical education standards.
- The Action Based Learning lab at Pee Dee Elementary prepares the brain for learning using evidence-based research that strongly supports the link between movement and learning. This innovative initiative promotes experiential learning of students.
- The number of students participating in our middle and high school sports programs continues to rise. Student athletes participating in sports develop character education awareness through diverse opportunities such as golf, archery, dance, and drill. Fourteen elementary schools are participating in the National Schools Program sponsored by The First Tee of Coastal Carolinas.
- Teachers, students, and district office personnel participate in the District Wellness Committee. Input from this committee has set minimum nutritional standards, physical activity, physical education, and health education to be offered by schools.
- High school students are required to complete one unit of physical education for graduation and must complete a comprehensive health/wellness program.
- Physical education is available through the HCS Virtual School and the nine Junior ROTC programs as options for students who are unable to participate in the traditional programs or who are seeking educational alternatives.