

HORRY COUNTY SCHOOLS MONITORING REPORT – R-5 Physical Education

I certify that the information in this report is true.

Signed: *Rick Maxey* Date: March 7, 2016
Rick Maxey, Superintendent

Disposition of the Board:

- ☐ In compliance
☐ Not in compliance
☐ Compliance with exception

Signed: _____ Date: _____
Joe DeFeo, Board Chair

Comments: _____

| R-4 – Physical Education | Supt | Supt | Board | Board |
|---|---------------|-------------------|---------------|-------------------|
| | In compliance | Not in compliance | In compliance | Not in compliance |
| Each student will achieve mastery of performance standards or state competencies in Health & Physical Education | ✓ | | | |

Interpretation: I interpret this policy to mean that Horry County Schools will implement a course of study that is aligned with the South Carolina Academic Standards for Health and Physical Education which outlines what our students should know and physical skills they need to develop in order to live a healthy and productive life. These comprehensive documents which are available online at the South Carolina Department of Education website address competence in motor skills, movement patterns, movement concepts, personal and social skills and will aid students in developing awareness that healthy choices and physical activity provide the opportunity for lifelong health, enjoyment, challenge, self expression and social interaction. In Horry County Schools, students in grade PK-high school receive instruction from certified teachers in Health and Physical Education. Our middle and high schools provide opportunities for students to participate in a full complement of sports while overall instruction in Health and Physical Education promotes a more holistic view exploring healthy choices and lifelong physical activities. Some schools are organizing health clubs to allow students to keep nutrition and activity journals which encourage and document a healthier lifestyle.

I further interpret this policy to mean that the staff will regularly monitor and evaluate the instructional programs at each school offering Health and Physical Education as part of the ongoing efforts to improve student learning in Health and Physical Education and to develop personal awareness of the benefits of healthy choices and physical activities.

Staff will be provided with ongoing support through professional development opportunities both at the District and State levels to develop curricula, assessment and teaching pedagogy based on the most current research and teaching on Health and Physical Education. Open communication is ongoing with the South Carolina Department of Education's Physical Education Coordinator's office. Timely e-mails regarding "best teaching practices" as well as current standards-based curriculum, online staff development and teacher feedback is constantly shared.

Evidence of Status of Compliance:

We are in full compliance of this policy. Evidence is listed below:

- South Carolina Academic Standards for Physical Education are incorporated in Horry County Schools' curriculum and course offerings.
- Instruction and equipment is age appropriate and Instruction is guided by outlined strategies.
- Technology is currently being incorporated in the form of personal device apps for health and PE through the FitnessGram 10 program.
- HCS was part of a pilot program for FitnessGram 10 in 2015. PE teachers have completed the online training and testing programs for its implementation. This program allows student input, online tracking and data assessment both individually and collectively. We anticipate continuing with this program as it is implemented state-wide.
- The district is able to compare state-developed survey data collected at the end of the year. If made available from the State, data is used to improve the overall program and to identify specific areas within individual schools needing improvement.
- District Physical Education teachers have developed nationally recognized programs such as Fit Families of America (FFAME) and serve as officers, committee members and presenters in state and national organizations emphasizing Health and Physical Education. Additionally, one HCS PE teacher was selected and placed on the state panel to update PE standards.
- Increasing numbers of students participate in the diverse offerings of our middle and high school sports programs. Horry County Schools has won state championships in both boys and girls sports. Participation continues to rise as more students/athletes take advantage of opportunities to develop character education awareness and to offer lower socio-economic students opportunities in golf, archery, and dance. Fourteen elementary and middle schools are participating in the National Schools Program sponsored by the First Tee organization. Schools received costly equipment free and staff was trained through online services as well as a "hands on" workshop to facilitate the program.
- Teachers, students, and District Office personnel participate in the District's Wellness Committee. Input through this committee has set minimum nutritional standards for school vending machines and classroom snacks offered during the school day.
- Archery, initially offered on a limited basis, is increasing each school year.
- High school students are required to complete one unit of Physical Education for graduation and must complete a comprehensive health/wellness program.
- Physical Education is available in alternative educational settings such as virtual schools and the JROTC Programs for students that are unable to meet the Physical Education and health standards in the traditional instructional manner.